

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Independence Day	5	6	7 Rain Date	8	9 Mini Meet – Fun 8:00 am start
10	11 HW vs. Windy Point @ home Arrive @ HW 4:30 Warm ups @ 5 Ice Cream Social	12	13	14 B-Meet – George Wythe Arrive @HW 4:30	15	16 City Meet Roster Due
17	18 Running Man vs HW Arrive @ Running Man @ 5 warm ups @ 5:30	19 Mini Meet @ colony *& U Super Hero Breakfast of Champions	20 Rain Date City Meet Practices Begin at Normal Practice Times for Those who made City Meet	21	22	23 City Meet Entries Due
24	25	26	27	28	29 Pasta Dinner	30 City Meet - Poqouson
31 Banquet						